

## PINE VALLEY CAMP 2020 GEAR LIST

### WHAT SHOULD I BRING ON CAMP?

- Sleeping bag
- Ground mat. Only needs to be a small foam slip/pad. No huge inflatable mattresses please!
- Pillow if desired
- Tea towel
- Togs and swimming gear/wetsuit and water shoes or spare sneakers
- Two towels
- Polyprop thermal underwear tops.
- Pyjamas
- Enough comfortable clothing for the duration of camp! Shorts, underwear, t-shirts etc. Old clothing is required for the adventure course. The kids will get wet and dirty!
- Raincoat - Rain may not stop outdoor tasks and a good jacket is essential.
- Sunhat/Sun block
- Named bowl, plate and cup. Plastic or enamel please. No ceramics!- Roms 4.5 and 6 only (Room 1-3 will use Pine Valley plates and cutlery
- Footwear appropriate for camp – sneakers/sports sandals. Shoes will get wet remember!
- Plastic bags for wet clothing
- Toilet gear and personal hygiene items
- A torch/headlamp with batteries!- Rooms 3-6 only.
- A full and nutritious lunchbox on the first day and a refillable drink bottle
- Personal medication that is clearly labelled and given to staff prior to departure
- Asthma medication to be kept by the students who can administer this
- Daypack – pack with the essentials on day one.
- Main luggage/bags- make sure you keep these as small as possible so we can transport gear with ease.

**One large bag + daypack only.**

### THINGS I WON'T NEED ON CAMP- DO NOT BRING ANY OF THESE ITEMS

- Electronic games or any toys
- Lollies
- Money
- ipods
- Cellphones (out of range in most places). All contact with camp is done through Nick Raynor (021 0269 0008), Sarah Gray (0275705221).

### FOOD DONATIONS

We would appreciate a food donation from each family- home baking (lots of please!) or muesli bars or biscuits. These can be delivered to the school on Tuesday. Please do not pack them in your child's luggage.

If you have other food that you would like to donate please let us know.

### PARENT TENTS/ACCOMMODATION

Parents staying overnight need to organise their own accommodation. This means sourcing your own tent, caravan or campervan etc. We understand that some parents may wish to share tents with their own children. **If you intend to sleep together as a family we need to know this in advance so that your child is not allocated a tent place. This should be confirmed with your child's teacher.**

**PLEASE ENSURE ALL CAMP CLOTHING AND GEAR IS CLEARLY NAMED.**

# **PINE VALLEY 2020 - FINAL REMINDERS**

Dear Parents/Caregivers,

The staff are now in the final stages of preparing for camp and we are addressing all of the last minute organisational issues that will ensure the event is a safe and memorable experience for your children. We're sure you are all busy at home organising clothing, sleeping bags and food donations. Listed below are a number of last minute reminders for families.

Please feel free to contact Nick if you wish to discuss any issues relating to Pine Valley 2020

Kind Regards

The Tua Marina Team

## **PARENT TRANSPORT OFFERS**

**If you indicated that you were able to help with transport there and back we need your help!** If you offered transportation we look forward to seeing you at school from 8.30am onwards Wednesday morning for Years 5-8 or 8.30am Thursday for Years 1-4 . **We aim to load up and depart by 9.00am.** Please drive your cars through the double gates onto the field. Please note that you are required to transport both ways. We leave Pine Valley for the return trip at 1pm on Friday. A map showing directions will be issued.

## **BAGS**

When students arrive at school please ensure they put their named bags in the trailer allocated to their class. The trailer will have a sign on it. Please note that **day packs are to remain with the children**. Daypacks need to contain togs, hats, water bottles, lunchbox, warm jacket etc.

## **PARENT ACCOMMODATION**

A reminder that all parents staying the night need to organise their own caravan, camper or tent.

## **RISK MANAGEMENT AND THE ROLE OF PARENT HELPERS**

Student safety is paramount at camp and nothing takes priority over this. Parent helpers attending camp have been factored into our risk management planning, and it is imperative that you are aware that your role will be an active and important one. Parents will be required to help manage groups at activities such as swimming, the confidence course, or hiking. It is essential that you are focussed and engaged. You need to be prepared to get in the river (it's very shallow so standing would be fine) with the students, and take an active part in events. Parents and staff will be briefed on their roles prior to the programme starting, and risk management strategies and protocols will be clarified.

## **ALCOHOL/DRUGS**

Camp is drug, smoke and alcohol free. There is no place for alcohol, drugs or cigarettes on a school camp. This includes using them offsite and returning to the camp venue. No smoking thank you.

## **MATTRESSES**

Please note that children in Rooms 1 and 2 do not require a mattress. Children in Rooms 3-6 require a thin foam ground mat for sleeping on in the tents.

## **FOOD DONATIONS**

Please ensure you donate your required item as we need this food to feed the hungry troops!

## **PRESCRIPTION MEDICINE**

This needs to be clearly labelled with dosage, name and frequency, and delivered to your child's teacher on the morning of departure. Staff will be reminding asthmatics to ensure they have their required inhalers prior to departure. Older students will self-medicate if asthmatic.

## **BBQ MEAL**

This meal will be a fairly basic one with the usual sausage, sauce, bread and lettuce burger on offer. Dessert will be an ice-cream and healthy pieces of fruit. It certainly won't reach any great gastronomic heights! Look out for the toasted marshmallows and smores!

## **GEAR AND CLOTHING**

The gear list is attached. Ensure that your children are fully equipped for the big adventure. It is imperative that students have old clothes when completing the obstacle course as they will be zooming down slides, climbing rope ladders and using a flying fox! Clothes can get wet, dirty and ripped in all the action! **Please ensure all clothing is clearly named.** Ensure your child's togs and towel are in an easily accessible place e.g. plastic bag or designated swimming bag as we will require a quick change on the water slide.

## **WHAT ABOUT BAD WEATHER?**

At this stage the forecast looks reasonable. However, if heavy rain is forecast, it may be necessary to postpone, as there are very limited indoor facilities. Parents will be advised by text and Seesaw if this is necessary. Similarly, if rain comes in on Friday, we may need to return early. Parents will be contacted once we are back at school. We're sure the sun will shine down upon us all.

## **STUDENT HEALTH AND PERSONAL NEEDS**

We have collated all data relating to student health, dietary and personal needs. All of this information will be treated in confidence and staff will be sensitive to the needs of your children. Do not hesitate to contact staff should you wish to discuss or clarify anything relating to your child's needs. Please advise us if any health circumstances have changed recently.

## **LUNCH ON DAY 1 (Wed for Year 5-8, Thur for Year 1-4)**

A reminder that the students need full and nutritious lunch boxes and water bottles on day 1. This should contain enough food for morning tea, lunch and afternoon tea! Make it full and make it healthy.

## **FRIDAY PICK-UP**

Please ensure you collect your child from school close to **2pm Friday**. Any children staying until 3pm will help with the packing away. The bus will run as usual.